## CHEERLEADING DANCE CONTEST RULES & REGULATIONS

**MODIFICATION IN:** 

5. TIME LIMITATIONS
MODIFICATION IN LIGHT BLUE
PARTS DELETED IN RED

CHEERLEADING DANCE CONTEST: minimum of 3 minutes to maximum 4 minutes.

Acknowledging the potential variance cause by human reaction speed and sound system time variations, judges will not issue a deduction until their stopwatches show a time of 4:03.

Timing will begin on the first note of music the first vocal command or the first movement and stop with the last note of the music or when all squad members come to a stationary position.

The vocal skill (Cheer/chant/sideline) at the beginning of the routine (if present), does not count toward the 4-minute maximum time (it is considered as extra time).

Similarly, the time required for athletes to position themselves, after the vocal skill

(Cheer/chant/sideline), for the beginning of the performance with the music, does not concur in the formation of the 4-minute maximum time.

It is recommended that the duration of the vocal skill at the beginning (if present) + the time needed to position themselves for the begin of the routine, should not exceed 30 seconds.

## **PROPS SPECIFICATION**

"Banners, Signs, Megaphones, Flags are encouraged. No other props, musical instruments, etc. may be used by anyone on the performance floor."

If other props and/or accessories appear in the routine, they will not count as additional elements (more points) for the final result and not will be taken into consideration. The team will not be eliminated for their presence.